



# Daily Schedule

## Room: 10

Time	Activity	Length of Time
8:30-8:45	Arrival   Wash Hands   Breakfast	15 minutes
8:45-9:05	Morning Meeting	20 minutes
9:05-10:05	Centers   Explicit Instruction   Read Aloud	60 minutes
10:05-10:10	Transition to Gross Motor	5 minutes
10:10-10:40	Gross Motor Equipment	30 minutes
10:40-10:50	Transition from Gross Motor   Bathroom	10 minutes
10:50-11:05	Wash Hands   Snack	15 minutes
11:05-11:20	Shared Reading	15 minutes
11:20-12:35	Uninterrupted Free Play	75 minutes
12:35-12:45	Cots   Wash Hands	10 minutes
12:45-2:15	Lunch & Rest	90 minutes
2:15-2:25	Cots   Bathroom	10 minutes
2:25-2:40	Music & Movement	15 minutes
2:40-2:50	Afternoon Meeting	10 minutes
2:50-3:00	Departure	10 minutes

Gross Motor Equipment:

10:10 AM - 10:40 AM

Lunch & Rest:

12:45 PM - 2:15 PM

Paraprofessional Lunch:

11:45 AM - 12:30 PM

Uninterrupted Free Play:

75 minutes



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